

# Public Document Pack



<b>MEETING:</b>	Central Area Council
<b>DATE:</b>	Monday, 14 January 2019
<b>TIME:</b>	2.00 pm
<b>VENUE:</b>	Reception Room, Barnsley Town Hall

## SUPPLEMENTARY AGENDA

3. Presentation by YMCA (Cen.14.01.2019/3) (*Pages 3 - 20*)

To: Chair and Members of Central Area Council:-

Councillors Riggs (Chair), D. Birkinshaw, P. Birkinshaw, Bowler, Bruff, G. Carr, Clarke, K. Dyson, M. Dyson, W. Johnson, Mitchell, Murray, Pourali, Williams and Wright

Area Council Support Officers:

Chris Arnold, Head of Strategic Commissioning and Procurement  
Carol Brady, Central Area Council Manager  
Kate Faulkes, Head of Service, Stronger Communities  
Peter Mirfin, Council Governance Officer

Please contact Peter Mirfin on email [governance@barnsley.gov.uk](mailto:governance@barnsley.gov.uk)

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YMCA BARNESLEY

# YMCA



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## YMCA UNITY PROJECT

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Building emotional resilience and wellbeing in  
children and young people aged 8-14 years

## Project Overview -

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- 10 Sessions per week term time
- 2 sessions in each locality
- Specific Holiday provision to maintain relationships and provide young people with new opportunities and experiences.
- Volunteering & peer support opportunities
- Open access and targeted to respond to need
- Young person focussed and lead
- Community & Family engagement



## Where we are now.....

- Participants: 446 children and young people
- Gender: Female 60% & Male: 40%
- Age: 8-9 40%      10-11 35%      12-13 25%
- SEND: 12%
- Ethnicity: White British - 80% Other White -10%,  
other background - 10%
- Peer Supporters / Young Volunteers: 9

## Where we are now.....

- Continued Staff Training & Development
- Developed further links with other agencies
- Continued evaluation of the distance travelled by the children and young people and further development of the evaluation model



# Meet the young people and projects.....





# Central



“ The different crafts and things we make, makes me want to keep trying new things. I feel happier to give things a go and feel things I couldn't do I will do, I will just try it! I feel good about myself and now I'm more confident”.



# Dodworth



“I come to Ace Club because 1<sup>st</sup> the crafts, 2<sup>nd</sup> to make new friends and 3<sup>rd</sup> someone to talk to and if it wasn't for the Ace Club I wouldn't be as confident as I am now”.



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# Kingstone





“I can play and see my friends now that I come here”

“I played on the Xbox for the first time here because I’ve never played on games before”.

What have you enjoyed “Trips, visiting Barnsley, playing in the water fountains and going to the allotment”.

# Stairfoot



“I am proud that that I have made new friends since I struggle”.

“I have experienced many new things, I have never done”.

“They make me feel a little free from home and school life”.

“I really enjoyed Nova City because I learnt to do flips and parkour”.



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# Worsbrough



“The club makes me feel really happy as everyone listens to you and you can express yourself”.

“I have learnt to socialise more with new people and I have learnt how to cook using different things to do so”.

“The club makes me feel relaxed and happy because it makes me feel calm”.

“The best thing I have done is the sleepover and the music project”.



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Thank You

Building Emotional Resilience and Wellbeing in Children  
and Young People aged 8-14 years

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A bird sitting in a tree is never afraid of the branch breaking. Because her trust is not on the branch but on her own wings.



Life is not  
about how  
fast you run,  
or how high you  
climb, but how  
well you bounce.

Old Owl Press

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